

# Coaching Record of Activity Participation

This form is used to record accredited activities which must be uploaded prior to expiry, and with renewal application.

## Accreditation Renewal Summary

*(You must be a current member of the state association for all the below)*

1. Level 1 — re-do the level 1 accreditation
2. Level 2 — accumulate 80 continuous points of credits for accredited activities
3. Level 3 — accumulate 100 continuous points of credits for accredited activities
4. Level 4 — accumulate 100 continuous points of credits for accredited activities

I. 2.1 Practical Coaching

Practical coaching can be undertaken with any level of athlete/team, from school/club level through to national/international level and may occur on a regular basis (daily, weekly, monthly) or in specific situations such as one-off competitions, camps or clinics.

The following activities will accumulate the stated CDC points:

*Tick all that apply.*

- Programs or Competitions with a minimum duration of 6 weeks – 30 CDC points
- One-off Coaching activity – 5 CDC points per day

2. 2.2 Coach Education

The following activities will accumulate 20 CDC points:

*Tick all that apply.*

- Lecture/present at a coaching course
- Become a mentor for another volleyball coach
- Supervise officiating practice hours for another volleyball coach
- Write and/or publish an article on coaching endorsed by VA

3. 2.2 Self Education

The following activities will accumulate 20 CDC points:

*Tick all that apply.*

- Attend a National/International level coaching seminar/course
- Complete a sport-related tertiary education e.g., Physical Education/Human Movement
- Complete a Strength and Conditioning Course (ASCA Approved)
- Complete a recognised first aid or sports trainer course

4. 2.2 Self Education

The following activities will accumulate 10 CDC points:

*Tick all that apply.*

- Attend a state-level coaching seminar/course
- Attend a leadership/communication course
- Complete a Sports massage course

Notes on Points

1. All quantities are the minimum number CDC points that must be completed at each level to maintain a current accreditation.
  2. A maximum of 50 CDC points of the required amount for each level may be claimed through Practical Coaching.
  3. The balance of the CDC Points can be accrued through Coach Education and Self-education.
  4. Renewal Activities must be endorsed by the affiliated State Association or VA.
  5. All proof of renewal activities must be submitted using the VA Coach Accreditation Renewal Online Portal.  
State Volleyball Associations will be responsible for the verification of the activities.
  6. All renewal activities cannot be completed in one year.  
They should ideally be spread over the accreditation period.  
25 CDC points must be accumulated in the final year of the current accreditation period.
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