



Communication	Attitude & Behaviour	Effort & Intensity	Skill Execution	Future Potential in Specific/Additional Position(s)
Do they communicate with the coach about missing trainings or games?	How well do they take on feedback; do they avoid trying what the coach has asked of them? Do they make a lot of excuses?	Do they approach training and games with intensity and an expected level of competitiveness?	In game are they able to show that they can consistently have "point scoring" opportunities?	Are they ready to move up to SLR/SL, are they still going to remain at a div 1 level? Or are they looking more like they could potentially move down a team in future?
Are they effectively able to verbally communicate with team mates on and off court.	Do they contribute positively to the environment? Is their language respectful?	Are they consistently putting in maximum effort into trainings or do they have times that they don't always perform.	Passing technique: do they have a flat "table" or platform when they pass? How often are they shanking a serve receive, are they capable of handling a freeball to the setter's position?	Do they have opportunities in other playing positions?
Can take feedback without being defensive. Can openly admit their mistakes.	Do they listen to the coaches and players? Do they take the time to build positive relationships with their players and coaches?	Do they perform skills and drills with intent and purpose? Or do they need to be in a certain training environment to put effort in?	Serving: are they able to serve different styles? Do they choose a good time to serve each style? Are they executed effectively? They consider how to make an ace opportunity.	Do they disclose their areas of improvement with anyone?
Is an effective listener, takes time to understand what is being asked and asks questions when they don't understand.	Remains calm in stressful situations, can control their emotional responses so that it doesn't affect others negatively, or that it might affect them positively.	Effort in game: can they chase down passes? Or do they leave it, can they commit to an outside block? Do they bother covering every time?	Spiking: comments on their approach and upper body rotation if any, can they execute attacking options from various positions on court? How is their timing of their arm swing, their "wait and explode", hitters are able to identify the speed, height, location, and trajectory of a set.	Do they try to understand the purpose of skills and drills? Do they make tough decisions when needed, are they able trust other players and see the best plays they can make with the players they have to make them?

<p>Players offer feedback regularly for coaches, or request feedback on their own for self-improvements.</p>	<p>Has well established standards and sticks to them.</p>	<p>Has a "let's try it" attitude and gets on with the task even when it is a bit unclear. They collaborate to solve problems, or do they try to figure everything out on their own?</p>	<p>Setting: maintains a high contact point, good understanding of tempo and trajectory. Consistent height and location of bump setting, uses the best options for hitting. Considers point scoring opportunities.</p>	
	<p>Are they enthusiastic, positive, honest, clear about what they want to see in the team and from coaches when asked.</p>	<p>Do they see challenges or mistakes as learning opportunities</p>	<p>Blocking: how is their speed and movement across the net, do they get into a good position? Are they able to make good in game decisions when commit or reactive blocking? How is their timing, are the jumping before or after the hitter?</p>	
			<p>Defending: are they often in a good position when defending? Do they spilt step at the right time if at all? Are they often sitting in a wide or squat position or are they able to move around the court relaxed?</p>	